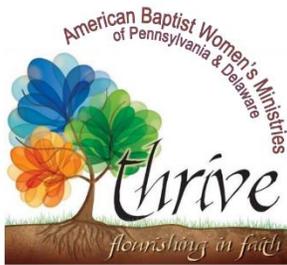


A Fresh Start in Costa Rica

This is a snapshot of what your contributions can do to help improve and empower the lives of abused women. These women have children. They want to have a better life. They want to work but their previous circumstances have made 'normal' life complicated. Many women probably never finished school, left at an early age because they were needed at home, or never attended school. Now on their own, with their children in tow, trying to survive in a different country; they need our prayers. As you pray for these ladies and their families, consider how you might be able to provide them with financial assistance.



Contributions may be made online

<https://give.ministryling.com/app/giving/abwmopad>

Or by check written to 'ABWMOPAD' with '2023 REGIONAL PROJECT' in the memo line. Mail to ABWMOPAD Treasurer:

Sally Breski
1381 Butler Road; Worthington, PA 16262

Fresh Start Projects...

Emergency Assistance

Because food is essential!

\$15 could purchase 33 pounds of rice OR 20 pounds of red beans.



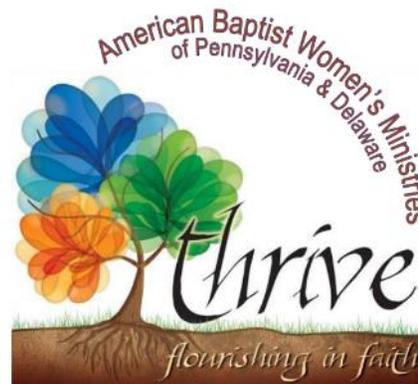
\$150 purchases a cart of basic food stuffs: rice, beans, meat, coffee, sugar, corn flour, pasta, tomato sauce, fresh vegetables - enough for a family.



\$25 pays for a medical appointment at a low-cost clinic.



\$100 could provide emergency rental assistance.



Immigration Legalization

\$96 After approval by the authorities, \$96 will provide a woman the required Residency ID card.



\$140 An apostille (authentic) birth certificate and police record from Nicaragua can be obtained for \$140.



\$200 Most first-time entrants to Costa Rica must pay an immigration category fee - \$200 could pay this charge.



Job Skill Training

\$20 will pay the monthly tuition fee for training in job skills to become a: seamstress, baker, manicurist, or hair stylist.



Fresh Start Projects...

Celebrations



\$60-\$80

Everyone needs to celebrate sometime! Birthdays, graduations, Easter, Christmas. \$60-\$80 would provide food and supplies for a celebration for a group of 15-20 people.

Counseling



\$60

One hour of counseling with a non-governmental specialized abuse counselor - \$60 please!

Education



\$10

will pay for: One hour of tutoring for two adults.

\$25 will cover the cost of school supplies for one child, this includes notebooks, pencils, and a backpack.



\$30-\$50

Even though the children are attending public school, they must pay for their books. \$30-\$50 will cover the book costs for one child.



If you are interested in supporting one or more of these projects, fill out the form below and send it with your donation to ABWMOPAD and mail it to...

Sally Breski

1381 Butler Road; Worthington, PA 16262

Name: _____

Address: _____

City: _____

State and Zip: _____

Please Credit My Church:

Church: _____

Association: _____

Project(s): _____

Amount: _____

**American Baptist Women's Ministries
of Pennsylvania and Delaware**

2023 Regional Project

A Fresh Start in Costa Rica

Project Goal: \$15,000



²⁷Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world. - James 1:27 (NIV)