

*Share with the Lord's people who are in need. Practice hospitality.*

*ROMANS 12:13*

*Thriving through*



H♥SPITALITY

*Welcome to* **THRIVE Retreat** *2023*

*'Gathered atop this mountain at the feet of Jesus,  
may you relax.*

*May you be refreshed in your spirit.*

*May you enjoy renewed friendships  
as well as begin new ones.'*

*This is our prayer for you, so be it LORD, so be it.*



*Where all women and girls are encouraged to live out their uniqueness in a thriving Christ centered gathering and community.*

## THRIVE RETREAT 2023 SCHEDULE

### FRIDAY, AUGUST 18

2:30-5:00pm Registration/Mission Craft

5:00-6:00pm Evening Meal

6:30pm Group Gathering w/ worship & devotion/**Offering**

*SPEAKER: Kristi Young*

7:45pm Free time – enjoy the grounds/games

8:30pm Sing around the campfire/Smores (or cookie social weather permitting)

11:00pm Quiet & Lights out

### SATURDAY, AUGUST 19

8:00-9:00am Breakfast

9:30-10:45am Group Gathering/worship & devotion

*SPEAKER: Valerie Black*

11:00-Noon Free time (pool open 11am-5pm)

Noon-1:00pm Noon Meal

1:00pm Activities of your choice

2:45pm Teatime Scriptures *w/ Jodie Vasbinder*

4:00-5:00pm Guided Discussion with ABWMOPAD Leadership

5:00-6:00pm Evening Meal

6:30pm Group Gathering w/ worship & devotion

*SPEAKER: Christy Meneely*

7:30-8:30pm Guided Discussion with ABWMOPAD Leadership

7:30-11:00pm Free time (pool open 7-9pm)

8:30pm Cookie Social (or campfire/S'mores weather permitting)

11:00pm Quiet & Lights out

### SUNDAY, AUGUST 20

8:00-9:00am Breakfast

9:00-9:45am Checkout of rooms

10:00am Group Gathering w/ message & communion

*SPEAKER: Cristy Wise*



**PRESIDENT**

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Kristi Young  
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484-633-0252



[kmyoung221@gmail.com](mailto:kmyoung221@gmail.com)

*This LEADERSHIP TEAM will serve as  
Conference/Retreat/Events Committee*



## ABCOPAD WOMEN'S MINISTRIES LEADERSHIP TEAM NOMINEES

**PRESIDENT NOMINEE Sue MacDonald** has been active in ABCOPAD women's ministries for 47 years. She enjoys sharing the gift of God's love with women and helping them to deepen their relationship with the Lord in ways that impact everyday life.

Sue has used her gift of leadership as Conference Coordinator (1986-89) and President (1996-99) for American Baptist Women's Ministries of Pennsylvania and Delaware. She has also served on the National ABWM Board as Eastern Coordinator (2000-2003). Sue served as ABCOPAD President 2007-2009. Since 2012, she serves as a volunteer, arranging the details for the ABCOPAD BIENNIAL. Most recently (2016-2022) Sue worked with the ABCOPAD Foundation as the Director of Development.

Sue and her husband, Dan, celebrated 50 years of marriage On August 10 and have lived all 50 years in ABCOPAD and are members of Parkesburg Baptist Church in the Central Union Association. They have three children, five grandchildren and a great grandson.



"I continue to be amazed at how God uses me, an ordinary woman, to serve with sisters in Christ. All glory goes to God".  
– Sue



**AB GIRLS COORDINATOR NOMINEE Kristi Young** is a certified life coach and founder of Abundant Life Coaching LLC. She is also the author of *Fanning the Flame: Igniting Intimacy with God*. She has served as the AB Girls Coordinator since 2020 and agreed to another year of serving as we seek new ways to reach and encourage young ladies across the Region. Kristi has been a youth leader for the past 16 years at her home church in Coatesville, PA. Her passion is serving God, serving others, and leading people of all ages into deeper intimacy with the Lord.

"Kristi is a delight to serve beside! Her love for Jesus shines in all she does. The adventurous spirit that lives within her give her boldness in life and her witness to others. Her joy is contagious!" – Jodie Vasbinder

**HAND ON MISSION COORDINATOR NOMINEE Pam Hughes** lives in Mill Run, PA and is active in the Indian Creek Baptist Church. She has three children and seven grandchildren. After retiring (*hahaha*) a couple years ago, she now works part time as their church secretary, as a clerk in a nearby antique shop and does sewing for folks needing repairs or most anything else requiring needle and thread.

Pam has served previously as Love Gift Coordinator and President. This new position is a reworking of what was White Cross Coordinator and Pam has accepted the task to help our leadership team and region transform what was into what's new! Her heart, hands, and head for serving others is exactly what is needed at this point of time.

Pam enjoys doing crafts, counted cross stitch, and reading. She loves the women of ABCOPAD and is amazed that so many women share their talents by providing for various mission fields. She wants to remind us of so many women in the Bible that gave: the widow and her mite, Dorcas sewing for the poor, Mary, and Martha's hospitality to our Lord and so many more. Pam's mom, Meriel Bowser and grandmothers Edyth Bigam and Doshia Bowser taught her to use her gifts when needed.



"God has supplied the perfect person for this ministry in need of a new look!" – Jodie Vasbinder

**CONFERENCE/RETREAT/EVENTS COORDINATOR** position will be filled by the full leadership team and women at large using their gifts to serve the Region. President shall appoint a chairperson to oversee planning.



## REGIONAL STAFF

**Rev. Mark Mahserjian-Smith**

Acting Regional Executive Pastor -  
Regional Pastor for Mission &  
Communication



**Denise Veselicky**

ABCOPAD Office  
Manager

**Caryl J. Casey**

Treasurer



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Following significant work by our regional Long Range Planning Committee, our ABCOPAD Board approved the deployment of several **Regional Ministry Associates** to help us in our efforts to come alongside of local congregations to assist you in being all that God is calling you to be for the Kingdom. We're excited about the addition of these ministry partners. **(RMA)**

**Apryl Crownover-Glunt** *Women in Ministry*

**Brently Pustelak** *Student Ministries [NW]*

**Andrew Reich** *Student Ministries [Central]*

**Mandi Restanio** *Student Ministries [SW]*

**Fred Ewald** *Search Committee [East]*

**Minister Valerie Black** *Protect My Ministry*

**Rev. Carol Ross-Irwin** *Barnabas Care*

**Rev. Bud Russell** *ABCOPAD Web Coordinator*

For more information on these Regional Ministries Associates might assist you and your church family, contact them via the email link on the ABCOPAD website:

[https://www.abcopad.org/About\\_Us/Regional-Ministry-Associates.aspx](https://www.abcopad.org/About_Us/Regional-Ministry-Associates.aspx)

## THE VISION OF ABCOPAD

*Building healthy partnerships with Churches, Pastoral Leaders, and our wider ABC family, to fulfill Christ's Mission in our world.*

\*\*\*\*\*

Significant work by our regional Executive Committee, our ABCOPAD Board approved the deployment of several **Geographic Pastoral Servants** to help us in our efforts to come alongside of local congregations to assist you in being all that God is calling you to be for the Kingdom. We're excited about the addition of these ministry partners. **(GPS)**

**Rev. Rev. Tim Schwartz** *NE*

**Rev. Kelly Legg** *South Central*

**Rev. Dan McDowell** *SE*

**Rev. Randy Powell** *NW*

**Rev. Robert Rice** *North Central*

**Rev. Cristy Wise** *SW*

**Rev. Dr. David Hardin** *Reading Association*

**Rev. Dr. Felicia Brock** *Pittsburgh*

For more information or to contact these Geographic Pastoral Servants visit the ABCOPAD website for email links.

[https://www.abcopad.org/About\\_Us/Geographic-Pastoral-Servants/](https://www.abcopad.org/About_Us/Geographic-Pastoral-Servants/)

*I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.*

*Philippians 1:3-6*



Kristi Young leads the American Baptist Girls (AB Girls) group which is composed of young women in grades 5 -12. The AB Girls had the opportunity to enjoy their own special retreat in June at Camp Hebron. It was a small but wonderful group of girls, and they enjoyed all the wonderful amenities Camp Hebron has to offer - hiking, swimming, campfires, s'mores, games, and more! (And they may have had a strange encounter of the squirrel kind – there are rumors...)

The theme for their retreat was Hospitality and the girls took a beautiful journey through scripture that included:

- Discovering how God extends hospitality towards them (and each of us) by His love, mercy, and invitation into personal relationship with Him.
- How we extend hospitality to God by believing who He is and declaring Him as Savior and Lord in our lives.
- How we share that hospitality to the world around us by being vessels of God's love poured out to others.

They even wrote their own Beloved Charter! We are so excited about all that God is doing in the hearts of these young women and equally excited to have many more join us in this coming year's retreat offerings!



Sonie Mervis serves as our Student Loan Coordinator and has done a wonderful job reaching out and staying in touch with those with outstanding loans.

Student loan repayment from August 2022 to August 2023 was \$3,230.25.

Total outstanding loans is \$45,105.

Sonie has repeatedly reminded and encouraged students to continue or begin paying back their loans. Unfortunately, Covid has been a deterrent to students being hired in their field and limiting them in making payments. On a positive note - three loans have been paid back in full, with a few more students faithfully making payments.

ABWMOPAD no longer loans money to students. Some of our ladies have asked about the loan program, so I wanted to give an update for those familiar with the program.

Sonie Mervis, Student Loan Coordinator

**These are the American Baptist Women of PA and DE personal growth measuring TOOLS:**

- |   |  |
|---|--|
| 1. <i>Am I THRIVING?</i>  | 5. <i>Have I participated in a mission experience?</i> |
| 2. <i>Am I spending time with women outside ABW?</i>                      | 6. <i>Have I supported a mission experience?</i>       |
| 3. <i>Am I spending time with women inside ABW?</i>                       | 7. <i>Am I spending more time in prayer?</i>           |
| 4. <i>Am I involved in local, association and/or regional gatherings?</i> | 8. <i>Am I spending more time in Bible reading?</i>    |

**These questions asked annually, can help us measure our effectiveness in nourishing our spiritual lives and reaching out in the Kingdom of God, or measuring where we know we could be more effectual.**

# 'FEED MY SHEEP, CARE FOR MY LAMBS'

## 2023-24 ABCOPAD WOMEN'S MINISTRIES REGION PROJECT



ANN and BILL CLEMMER reside in the Democratic Republic of the Congo (DRC) on the Congo-Rwanda border where they serve as regional consultants working with International Ministries partners, HEAL Africa and Interchurch Medical Assistance World Health, in the town of Goma.

Bill provides support to health care workers, hospitals, and clinics that provide life-saving maternal and child health services, while Ann supports educational and relief assistance to orphans and vulnerable children. You can read more about the Clemmers by visiting

<https://www.internationalministries.org/author/ab-clemmer/>

**REALITY 2021** - 2 million people lived in Goma, in the shadow of the deadliest volcano in the world, until late May 2021 when the eruptions began and hundreds of thousands of people fled to safety. Homes were destroyed, families were pulled apart, children orphaned. After the evacuation, 2000+ children were living in the streets of Goma, ages range from 5 to 17. Street children began arriving for Sunday School at HEAL Africa, a hospital in Goma – they come unwashed, wearing tattered clothing, and often had open sores or wounds. The Sunday School teachers had hearts for the children but only limited space and time to care for them. They began welcoming them Saturday mornings from 6am till 11am where they showered, got clean clothes, had access to counseling, could play in a safe environment, hear the Word of God, and be fed probably their only meal of the day – a large plate of rice and beans.



**RESPONSE 2022** – A letter from a couple in the U.S. asked, “If you had a dream, what would it be?” The volunteers who cared for the children one day a week responded unanimously, ‘A place where we could expand to full time ministry with these children.’ That couple responded by fully funding the dream of a facility where children could come daily for the care that was limited to just one day per week before the provision of a place.

**REALITY 2023** – Our ultimate goal is to find permanent homes for these children. It is heartwarming to see the changes in each child as the weeks pass. Our resources include the new building and large volunteer staff, including many teachers who give of their area of education, the adjoining hospital and clinic that cares for medical needs, the women in the church wash clothing and operational funding to last until October 2024. One of our biggest expenses is food...these children are chronically malnourished...and they need a healthy meal each day.

**RESPONSE 2023-2024** – You can help ensure continued care and feeding of these children. It costs 75 cents per day to feed a child. *Three shiny quarters* will provide the *daily food for a child!* How many quarters can you give?



**PROJECT BEGINS August 1, 2023 and ENDS July 31, 2024**

Questions? Contact Sally Perry, Mission & Service Coordinator [rasperryjelly@gmail.com](mailto:rasperryjelly@gmail.com)

Donations can be made to **REGIONAL MISSION PROJECT** online <https://give.ministrylinq.com/app/giving/abwmopad>

Donations by check written to 'ABWMOPAD' with '2024 REGIONAL PROJECT' in the memo line.

Mail checks to ABWMOPAD Treasurer: Sally Breski, 1381 Butler Road, Worthington, PA 16262





“What does a Chaplain do at a Race Track?”

A Chaplain ministers, but in a closed setting. The setting is the difference. The ministry – sharing the good news of Jesus Christ in word and deed – is the same.

Each week the Chaplain conducts bi-lingual worship services. The biggest service of the week is on Wednesday Evening. It is called Chapel n’ Chow because we always share a meal as well as worship. In the closed setting of the track most of the workers do not have access to the church and community outside of the track so the Chaplain and the Chaplaincy are the one access to worship, discipleship, and fellowship.

The Chaplain facilitates a food pantry, health services, transportation, educational opportunities, counseling, Bible studies, daily devotions, devotional material, clothing, bedding, and much more. The Chaplaincy provides everything a vital Christian community provides with the help of dozens of volunteers.

*“Christ’s love compels us...*

*We are therefore Christ’s ambassadors as though God were making His appeal through us.”*

*2 Corinthians 5:14 and 20*



*We extended an invitation to have Rick and Mrs. Bunker join us this weekend, but they are visiting family. Rick sends greetings to all!*

Hello ABW Friends!

Thank you! I want you to know that I am truly grateful for your gifts of prayers, money, gift cards, and so many blessed items through the years. Your support has been a big help in reaching people with the saving message of Jesus’ love and life!

Please do not think that your gift is too small, or not needed. It is all of us coming together that makes the mission possible and successful. Please don’t stop! I couldn’t do this without YOU, each one of YOU!

Thank YOU!

Rick Bunker

[rbunker@rtca-pa.org](mailto:rbunker@rtca-pa.org)

267-223-3398





ABWMOPAD BUSINESS MEETING

JUNE 25, 2022

THRIVE CONFERENCE, ALTOONA, PA

President Becky Crissman opened the meeting

President Becky Crissman then read the following:

The executive team, following a recommendation from the nominating committee, brings a motion to the floor. It is increasingly difficult to fill positions on the executive team for a lot of reasons. The nominating committee has recommended that we consider a bylaws change about team members terms limits. Currently, only Treasurer and Student Loan Coordinator can serve 2 consecutive 3 year terms. The proposed change, in the form of a ***motion from the executive team is that ALL positions of the ABWMOPAD Team have the possibility of being 2 consecutive 3 year terms.***

Paula Sommerfeldt seconded the motion, motion carried.

Pam Hughes, Nominating Committee chairperson gave the following report:

She thanked the current leadership team for their continued work on behalf o the ladies of our Region. She also thanked committee member Sue MacDonald for her tireless efforts in contacting women to fill openings in the leadership team. Pam shared that the task is not an easy one.

***Nominating Committee brought in the form of a motion:***

***Sally Breski, Treasurer***

***Sally Perry, Mission & Service Coordinator***

***Leadership Team will serve as Conference Coordinator for THRIVE 2023***

Kathrine Nichols seconded the motion, motion carried.

Meeting adjourned.

Respectfully submitted, Lori Jennings, ABWMOPAD Secretary

**AMERICAN BAPTIST WOMEN'S MINISTRIES OF PA AND DE**

TREASURERS REPORT 8/1/2022- 8/1/2023

INFLOWS

2023 REGIONAL PROJECT -HEGARTY	10,676.44
AB GIRLS RETREAT	200.00
CHRISTIAN COMMUNITY (CD INTEREST)	334.73
DUES	30.00
GENERAL FUND	2,095.00
GRANT	6,000.00
INTEREST INCOME (CHECKING)	152.11
INTEREST INCOME (SAVINGS)	1.45
ABHMS COMMON INVESTMENT	2,910.00
LOVE GIFT	470.00
REGISTRATION FOR 2023 RETREAT	12,355.00
NATIONAL SUPPORT	25.00
STUDENT LOANS	3,230.25
WOMEN & GIRLS MISSIONS	20.00
ABW SAVINGS & ABW STUDENT LOANS	13,463.34

OUTFLOWS

2023 FALL PLANNING DEPOSIT	230.00
2022 FALL PLANNING FULL PMT	1,212.00
2023 GIRLS RETREAT	1,289.00
DIRECTOR SALARY	1,200.00
BOOKS FOR 2023 RETREAT	422.94
BANK FEES MINISTRYLINQ	498.72
2021 BRAZIL PROJECT HOPE UNLIMITED	3,153.34
2022 DOMINICAN REPUBLIC PROJECT	13,600.00
2022 LOVE GIFT	2,062.78
INSURANCE (BONDING)	100.00
2022 FALL PLANNING SUPPLIES	27.86
AB FOUNDATION INVESTMENT	35,000.00
RETREAT REFUND - OVERPAYMENT	170.00
2023 SPRING TEAM MEETING FACILITY FEE	100.00
2023 THRIVE RETREAT DEPOSIT	3,900.00

**INVESTMENTS**

ABHMS ANNUAL SNAPSHOT

31-Jul-22	\$ 57,005.26
8/31/2022	\$ 54,605.55
9/30/2022	\$ 50,252.78
10/31/2022	\$ 52,069.87
11/30/2022	\$ 55,386.99
12/31/2022	
1/31/2023	\$ 57,153.27
2/28/2023	\$ 55,195.51
3/31/2023	\$ 55,588.72
4/30/2023	\$ 55,363.07
5/31/2023	\$ 54,792.88
6/30/2023	\$ 57,194.25

**CC ETHEL WHEELER FUND**  
AS OF 3-31-2023  
\$15,028.38

**\*NEW\* AB FOUNDATION**

CLOSED STUDENT LOAN ACCOUNT	\$9,802.00
CLOSED SAVINGS ACCOUNT	+
	\$3,661.34
GENERAL FUNDS ADDED	+
	\$21,536.66
TOTAL NEW INVESTMENT	=
	\$35,000.00

CHECKING BALANCE 8-1-2022  
\$57,389.83  
CHECKING BALANCE 8-1-2023  
\$65,219.09

SUBMITTED BY TREASURER  
SALLY BRESKI

## **ABWMOPAD TEAMS 2023-2024**

### **Team Members appointed by the President**

#### **BY LAWS TEAM**

1. CHAIR

2.

3.

\*PRESIDENT EX-OFFICIO MEMBER

Tasks for the By Laws Team is to review and suggest revisions to the bylaws and policy/procedures documents

#### **FINANCE TEAM**

1. CHAIR

\*PRESIDENT Sue MacDonald

\*TREASURER Sally Breski

\*SPIRITUAL ENRICHMENT COORDINATOR Jodie Vasbinder

\*STUDENT LOAN COORDINATOR Sonie Mervis

Tasks for the finance team are to prepare a budget for the coming fiscal year, August 1-July 31, and to arrange for an annual audit of all financial books.

#### **CONFERENCE TEAM**

The Leadership Team, along with Women at Large, will act as Conference Team for the 2024 THRIVE Conference/Retreat/Day Events. The President appoints a Chairwoman.

#### **NOMINATING TEAM**

1. CHAIR

2.

3.

4.

5.

The Nominating Team shall consist of 5 members representing at least 4 associations or areas across the Region. Tasks for this committee is to search for candidates to fill positions on the leadership team.

# LIVE LIKE A BELIEVER – 12 STEPS



**1 – Believe (In Jesus Christ as your Savior) & Receive (Eternal Life)** 1 John 5:10-13

**2- Love God & Others** Mark 12:30-31

## **3- Read & Study God's Word**

1 Peter 2:2 food for the soul

Psalms 119:105 lamp for our feet/light for our path

Ephesians 6:17 weapon for spiritual warfare

## **4 – Pray**

**A** Adoration Isaiah 6:1-4 1 Chronicles 16:28-29

**C** Confession 1 John 1:9

**T** Thanksgiving Ephesian 5:20

**S** Supplication Psalm 130:1-5 (to beg earnestly or humbly – on your knees)

**5-Confess the Lord Jesus Christ as your Savior** Matthew 10:32 Luke 12:8

**6- Avoid Temptations** 1 Corinthians 10:13

*Found online: Lifeway Explore the Bible article*

*Learn from Eve – don't believe the lie Genesis 3:1      Learn from Joseph – run! Genesis 39:12*

*Learn from Jesus – use God's Word Matthew 4:10*

**7- Witness to others** Romans 10:13-14

**8- Serve the Lord with gladness** Psalms 100:2 Hebrews 10:24-25

**9- Stand firmly on God's Word** Ephesians 6:10-18 Isaiah 8:20

**10- Commune with the Holy Spirit** 2 Corinthians 3:18 2 Corinthians 13:14

John 16:13 Galatians 3:3

**11- Be a separated Christian** 2 Corinthians 6:14 1 Timothy 5:22

John 17:15-17 Ephesians 5:11

**12- Forgive one another** Ephesians 4:31-32



## 2023 THRIVE GROUP

### Recommended List of Books and Studies

- **“Reach Out GATHER In” – Karen Ehman (THRIVE RETREAT 2023 BOOK) NEW!**
- **“Faithfully Different” – Natasha Crain NEW!**
- “Revelation - Extravagant Hope” - By Margaret Feinberg
- “Vibrant” Developing a Deep and Abiding Joy for All Seasons - By Carol McLeod
- “Messy to Meaningful” - By Monica Schmelter, Rhonda Rhea, & Kaley Rhea
- ‘The BIBLE in 52 Weeks’ - By Dr. Kimberly D. Moore
- ‘The Fitting Room’ – putting on the character of God – Kelly Minter
- ‘Just Open the Door’ – a study on Biblical Hospitality – Jen Schmidt
- “Walk It Out: The Radical Result of Living God’s Word One Step At A Time” - By Tricia Goyer
- “Uninvited: Living Loved When You Feel Less Than, Left Out and Lonely” - By Lysa Terkeurst
- “The Broken Way: A Daring Path to Abundant Life” - By Ann Voskamp
- “Knowing God By Name” - By Sharon Jaynes, Gwen Smith, Mary Southerland
- “Seeking Him: Experiencing the Joy of Personal Revival” - By Nancy DeMoss, Tim Grissom
- “Lioness Arising: Wake Up and Change Your World” – By Lisa Bevere
- “The Armor of God” – By Priscilla Shirer
- "20/20: Seen. Chosen. Sent. Bible Study Book" - By Christine Caine

Books from previous years remain as recommendations for personal or group use.

Each lady participating can received \$5.00 reimbursement with proof of purchase.

For a first-time group, the leader’s guide is paid in full by ABWM.

Thrive Groups are not limited to the books listed above. Approval for other books should be obtained before the books are purchased to receive the \$5.00 reimbursement.

Books are available at Amazon, Christian Book Distributors, Lifeway, or your local Christian bookstore.

For questions, help or advice contact:

**Jodie Vasbinder, Spiritual Enrichment Coordinator**

[jesusavesptl@gmail.com](mailto:jesusavesptl@gmail.com) 814-845-2355



Spiritual Retreat



September 15-16, 2023

Camp Krislund

189 Krislund Drive; Madisonburg, PA 16852



Cost \$30 - Deadline for Registration September 1, 2023

Please make checks payable to ABCOPAD and mail to:  
ABCOPAD; 159 N. Bellefield Avenue; Pittsburgh, PA 15213

# Spiritual Retreat

# Renewal

Rest...Be Still...Recharge

Name: \_\_\_\_\_

Church: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Name: \_\_\_\_\_

Church: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Name: \_\_\_\_\_

Church: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

**Cost \$30 Per Person - Deadline for Registration, September 1**

Please Make Your Check Payable to ABCOPAD and Mail to  
ABCOPAD; 159 N. Bellefield Avenue; Pittsburgh, PA 15213

